

SHARP Health Plan

CALPERS

Important contacts



Sharp Health Plan Customer Care

1-855-562-8853, TTY/TDD: 711
7 a.m. to 8 p.m., seven days a week



After-Hours Nurse Advice

1-855-562-8853, TTY/TDD: 711

5 p.m. to 8 a.m. on weekdays, 24 hours on weekends
Select the option to speak with a nurse through
Sharp Nurse Connection® for medical advice.



Global Travel Assistance Services

1-800-872-1414, 1-609-986-1234 (outside the U.S.)

When 100+ miles away from home or in another country for
less than 90 days, our global assistance services partner
Assist America® is available 24/7.



Pharmacy and prescription drugs

1-855-222-3183, TTY: 711

Our Medicare prescription helpline is available 24/7,
supported by our partner CVS Caremark®.



No-cost fitness resources

1-877-427-4788, TTY: 711

Access 17k+ gyms nationwide through the Silver&Fit®
program. You can also get one at-home exercise kit mailed
to you each year.



Chiropractic and acupuncture care

1-800-678-9133

Use your supplemental chiropractic and acupuncture benefit
through American Specialty Health for up to 20 visits a year.
No referral is needed from your primary care physician.
Services are subject to medical necessity review.



Behavioral health support

1-844-483-9013, TTY: 711

Search for a behavioral health provider through our website
at sharpmedicareadvantage.com/bh and learn more about
your benefits. No referral is needed to access outpatient
therapy from an in-network provider.



Dental care

1-800-390-3368

Delta Dental DHMO is available to Public Agency employees
only and costs a \$13 monthly premium.



Hearing aid coverage

HearUSA: 1-855-203-5911
San Diego Hearing Center: 1-858-279-3277

Contact your primary care physician first for prior
authorization to use your allowance every 36 months toward
medically necessary hearing aids from San Diego Hearing
Center and HearUSA.



Over-the-counter allowance

1-855-263-6673, TTY: 711

Use your Sharp Health Plan pre-loaded debit card to get
over-the-counter items online at andmorehealth.com, over
the phone or at participating retailers nationwide.



Vision care

1-800-877-7195

Find a Vision Service Plan Advantage provider near you to get
an annual routine eye exam and to use your allowance for
glasses or contacts every 24 months.