

SHARP Health Plan

Accessing Out-of-Area Care

A quick guide to what's covered when you're out of Sharp Health Plan's service area



Emergency services



Emergency room

In a life- or limb-threatening emergency, go to the nearest hospital. Emergency room visits that are not medical emergencies will not be covered. Sharp Health Plan must approve any recommended follow-up care.

calpers.sharphealthplan.com/hospitals



Emergency Travel Services

When faced with a medical emergency while traveling 100 miles or more away from home, we connect you to doctors, hospitals, pharmacies and other services.

calpers.sharphealthplan.com/travel

Non-emergency services



Video and phone visits

If you have a non-emergency medical concern or need a follow-up appointment, a video or phone visit may be right for you. Behavioral health services are also available via telehealth. Ask your primary care physician (PCP) or behavioral health provider about available options.¹

calpers.sharphealthplan.com/telehealth

Non-emergency services, continued



Urgent care

Urgent care services do not require an authorization from your PCP when you're out of the service area. Ask the urgent care center to bill Sharp Health Plan; the claims address is on the back of your member ID card. Some non-contracted facilities may not be willing to bill Sharp Health Plan. In those cases, you can pay for the service, then fill out our reimbursement form. Note: When you're home, contact your PCP before accessing urgent care services.

calpers.sharphealthplan.com/urgentcare



MinuteClinic®

When you need treatment for a minor illness or injury, visit a MinuteClinic. MinuteClinics are found in select CVS Pharmacy® store locations and are staffed by certified family nurse practitioners.

cvs.com/minuteclinic/clinic-locator



After-Hours Nurse Advice

When you have a health question or concern after regular business hours, a single phone call to our After-Hours Nurse Advice line puts you in touch with a registered nurse.

Call 1-855-995-5004 | 5 p.m. – 8 a.m. Monday to Friday, and 24 hours on weekends



Prescription drugs

Your prescriptions are covered the same as when you fill them with your local pharmacist.

optumrx.com/calpers



Behavioral health support

We believe your mental health is just as important as your physical health. Behavioral health services are a covered benefit for members of all ages and are provided by Magellan Healthcare, Inc.² No referral is needed to access outpatient therapy in the Magellan network.

calpers.sharphealthplan.com/bh | Call 1-844-483-9013, 24 hours a day, seven days a week



New for 2025! Travel and lodging

Effective Jan. 1, 2025, we can help cover travel and lodging costs for eligible medically necessary services such as abortion, gender-affirming care and complex surgeries that cannot be accessed within 50 miles from a member's residence.

calpers.sharphealthplan.com/travelandlodging