SHARP Health Plan

Children (birth to 10 years)1

Preventive Care Checklist

The following preventive care checklist is not a complete list of guidelines. Please consult your doctor to develop your own personalized preventive care plan. Your doctor will help you determine which tests and health screenings are best for you based on your age, gender, health status and family history.

| COVID-19 (Series and Booster) ⁶ | 6 months or older | |
|---|---|---|
| Exam and Hepatitis B | Birth – first outpatient visit | |
| Exam | 1 month | |
| Exam, DTaP-Hib (3 or 4 doses)-IPV, PCV-15 or 20 (4 doses), Hepatitis B (1 – 2 mos), Rotavirus (2 – 3 doses) | 2 months | |
| Exam, DTaP-Hib-IPV, PCV-15 or 20, Rotavirus | 4 months | |
| Exam, DTaP-Hib-IPV (6 – 18 mos), PCV-15 or 20, Hepatitis B (6 – 18 mos), Flu Shot, Rotavirus | 6 months | |
| Exam | 9 months | |
| Exam, Anemia Test, Possible TB and Lead Tests, MMR (12 – 18 mos), Varicella (12 – 15 mos), Hepatitis A | 12 months | |
| Exam, DTaP (15 – 18 mos)-Hib (12 – 15 mos), PCV-15 or 20 (12 – 15 mos) | 15 months | |
| Exam, Flu Shot, Hepatitis A (12 – 23 mos, 2 doses) ² | 18 months | |
| Exam and Hepatitis A ² | 24 months | |
| Exam and Flu Shot | 3 years | |
| Exam, Flu Shot, DTaP (4 – 6y), Polio (4 – 6y), MMR (4 – 6y), Varicella (4 – 6y) | 4 years | |
| Exam and Flu Shot | 5 years | |
| Exam and Flu Shot (exams every 1 – 2 years, flu shot annually) | 6 – 10 years | |
| Human Papillomavirus (HPV) ³ | 9 – 12 years | |
| PCV-15 or 20 with any risk condition who have not received PCV-13, 15 or 20 | 6 – 18 years | |
| RSV (RSV-maB Nirsevimab or Clesrovimab) | 1st dose: Birth – 8 months ⁴ 2nd dose: 8 – 19 months ⁴ | |
| Tdap | 11 – 12 years | |
| Screenings | | |
| Behavioral Health and Wellness Screening (e.g., Anxiety, Depression, Suicide Risk) | 8 – 10 years ⁵ | T |
| Body Mass Index (BMI) | 2 years and older | |
| Dental Caries | Birth – 5 years | 1 |
| Hepatitis B | Birth – 10 years | 1 |
| Obesity | 6 years and older | 1 |
| Skin Cancer Behavioral Counseling | 6 months – 10 years (with fair skin) | 1 |
| Vision | 3 – 5 years (at least once) | + |

Key: DTaP (Diphtheria, Tetanus, Pertussis), Hib (Haemophilus Influenzae Type B), MMR (Measles, Mumps, Rubella), TB (Tuberculosis), Varicella (Chickenpox)

¹The information in these checklists includes recommendations adapted from the following sources as of September 2025 and The innormation in mise criecists includes recommendations adapted right the tolerange Sources as a spenimer 2023 and is subject to change; Preventive services with a rating of A or B from the U.S. Preventive Services Task Force; immunitation for children, adolescents and adults recommended by the Centers for Disease Control and Prevention; and preventive care screenings for infants, children, adolescents and women supported by the Health Resources and Services Administration.

Plepatitis A at 18 months or 24 months if less than 6 months from first shot.

**2 or 3 doses, depending on age at initial vaccination. Routinely recommended at age 11 – 12 years but can start at 9 years based on risk and be given through age 18.

**Protect infants with either prenatal RSV vaccine or infant dose of Nirsevimab or Clesrovimab.

⁵ Children between the ages of 8 and 18 can get a free behavioral health and wellness screening every year. This screening can help find signs of depression, anxiety and other common conditions for early treatment. If you would like your child screened, please schedule a preventive care visit with their doctor.

*You are eligible for the series and booster: all who are 6-23 months, all who are 2-10 years with risk factors or who were never vaccinated against Covid-19, all who are in close contact with others with risk factors and all who choose protection. Covid-19 vaccines are available to persons 6 months or older.

*For more information about vaccine schedules, please visit cdc.gov/vaccines.